

LATTITUDE SOCIAL ACTIVITIES

Day	Approx. times	Activity - ALL WELCOME	Venue	Contact
MONDAY	9.00am - 10.00am	Aerobic Fitness Class	Stirling Room	Marianna Jensen, Unit 18
	12.00pm - 4.00pm	All Crafts (painting, scrapbooking/cards etc)	Craft Room	All Welcome
	5.00pm - 6.00pm	Water Aerobics - MUST REGISTER	Swimming Pool	Conny Roepen, Unit 22
TUESDAY	9.00am onwards	Music Group (3rd Tuesday of the month)	Stirling Room	Leon Vanzetti, Unit 91
	9.15am onwards	Lattitude Cyclists (leisurely 10-15km ride)	Village Car Park	Gael Bennett, Unit 184
	10.15am - 11.00am	Gentle Aerobics	Stirling Room	Marianna Jensen, Unit 18
	1.00pm - 4.00pm	Tap Dancing	Stirling Room	Lorraine Dunsire, Unit 50
	7.00pm - 8.00pm	Bootscooting	Stirling Room	Eileen Naven, Unit 97
WEDNESDAY	9.00am - 12.00pm	Sewing, Embroidery, Knitting etc	Craft Room	All Welcome
	9.30am - 10.30am	People Moves <i>Gentle Exercise</i> - MUST REGISTER	Swimming Pool	Conny Roepen, Unit 22
	6.45pm - 9.00pm	Indoor Carpet Bowls	Stirling Room	All Welcome
	3.30pm for 4.00pm start	Lawn Bowls (12 ends) - Correct footwear must be worn Followed by BYO drinks & nibbles	Bowling Green	Geoff Moss, Unit 185 All Welcome
THURSDAY	10.00am onwards	Games in the Café	Café	All Welcome
	12.00pm - 4.00pm	All Crafts (painting, scrapbooking/cards etc)	Craft Room	All Welcome
	6.00pm	Happy Hour (BYO)		All Welcome
FRIDAY	8.30am for 9.00am start	Lawn Bowls (Scroungers 16 ends) - Correct footwear must be worn	Bowling Green	Geoff Moss, Unit 185
	9.00am - 10.00am	Aerobic Fitness Class	Stirling Room	Marianna Jensen, Unit 18
	12.30pm - 3.00pm	Indoor Carpet Bowls	Stirling Room	All Welcome
	2.30pm for 3.00pm start	Lawn Bowls (Scroungers 16 ends) - Correct footwear must be worn	Bowling Green	Geoff Moss, Unit 185
	5.00pm - 7.00pm	Sundowner (1st Friday of the month)	Stirling Room/Patio	Colin Punch, Unit 76
	6.30pm	Pool/Snooker	Sports Bar	All Welcome
SATURDAY	6.30 pm	Bingo (last Saturday of the month - day may change) (7.15 last book sold, 7.30 eyes down)	Stirling Room	Barb & Mel Mason, Unit 29
SUNDAY	8.30am for 9.00am start	Lawn Bowls (Team Game 16 ends) - Correct footwear must be worn	Bowling Green	Geoff Moss, Unit 185

Times are subject to seasonal change

BYO drinks and nibbles where appropriate.

EVERYONE WELCOME

Tea/Coffee and daily newspapers are always available in the Café for residents.

@9Jan2018